

	2025/8/I	2025/8/2	2025/8/3	2025/8/4	2025/8/5	2025/8/6	2025/8/7
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad
r e	omelette	Thickly grilled egg	scrambled eggs	Egg Soboro	scrambled eggs	omelette	Thickly grilled egg
d k	seasoned root vegetables and tuna	Bok choy and fried tofu simmered in soy sauce	Spinach and shimeji mushrooms with sleet	Steamed cabbage & carrot dressed with mustard sauce	Ratatouille	seasoned root vegetables and tuna	Bok choy and fried tofu simmered in soy sauce
ו נ	Teriyaki Meatballs	Pork sausages	Chicken Nuggets	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages
5	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A Ham cutlet and fried sardines with plum and shiso leaves	A Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel	A Teriyaki Chicken	A Chicken cutlet with grated daikon radish and ponzu sauce	Korean fried chicken Gochujang flavor	Fried fish with spicy sauce	Hamburg steak with summer vegetables and tomato sauce
l u n	B Grilled chicken thighs with miso paste	B Pork Shabu-Shabu with Savory Soy-Based Sauce	B Chinese bowl	Stir-fried pork with green onions and salt	Tofu hamburger with mushroom sauce	Sauteed Chicken with Onion Sauce	B Deep-fried cheese and shiso leaves & vegetable croquette
c h	C Beef & vegetables curry sauce with rice	© Omelet rice with mushroom demi-glace sauce	<u>C</u> Hashed beef on the rice	Chilled curry udon	C Pork curry with rice	C Omelet curry	Chilled grated meat bukkake udon
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
C	<u>A</u> Pork with ginger	A Chicken cheese cutlet	A Hamburger with BBQ sauce	A Fried white fish with tartar sauce	A Sauteed Chicken with Lemon Butter Sauce	A Stir-fried chicken and vegetables with oyster sauce	A Chicken Nanban
ו ו פ	Vegetable Kakiage Rice Bowl	Grilled vegetable curry	B Curry with fried chicken	B Chicken Stamina Rice Bowl	<u>B</u> Vegetable-packed sara udon	Simmered pork cutlet, onion & beaten egg on the rice	Beef curry
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	2025/8/8	2025/8/9	2025/8/10	2025/8/11	2025/8/12	2025/8/13	2025/8/14
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
1/2							
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad
	scrambled eggs	Egg Soboro	scrambled eggs	omelette	Thickly grilled egg	scrambled eggs	Egg Soboro
	Spinach and shimeji mushrooms with sleet	Steamed cabbage & carrot dressed with mustard sauce	Ratatouille	seasoned root vegetables and tuna	Bok choy and fried tofu simmered in soy sauce	Spinach and shimeji mushrooms with sleet	Steamed cabbage & carrot dressed with mustard sauce
	Chicken Nuggets	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Chicken Nuggets	Meat dumplings (sweet and sour sau
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
ľ	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A Ham cutlet and fried sardines with plum and shiso leaves	<u>A</u> Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel	A Teriyaki Chicken	A Chicken cutlet with grated daikon radish and ponzu sauce	Korean fried chicken Gochujang flavor	Fried fish with spicy sauce	A Hamburg steak with summer vegetables and tomato sauce
1	B Grilled chicken thighs with miso paste	B Pork Shabu-Shabu with Savory Soy-Based Sauce	B Chinese bowl	Stir-fried pork with green onions and salt	Tofu hamburger with mushroom sauce	Sauteed Chicken with Onion Sauce	B Deep-fried cheese and shiso leaves & vegetable croquette
	Beef & vegetables curry sauce with rice	© Omelet rice with mushroom demi-glace sauce	<u>C</u> Hashed beef on the rice	Chilled curry udon	C Pork curry with rice	C Omelet curry	C Chilled grated meat bukkake udon
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A Pork with ginger	A Chicken cheese cutlet	A Hamburger with BBQ sauce	A Fried white fish with tartar sauce	A Sauteed Chicken with Lemon Butter Sauce	Stir-fried chicken and vegetables with oyster sauce	A Chicken Nanban
	Vegetable Kakiage Rice Bowl	Grilled vegetable curry	B Curry with fried chicken	B Chicken Stamina Rice Bowl	B Vegetable-packed sara udon	Simmered pork cutlet, onion & beaten egg on the rice	B Beef curry
^	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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B	2025/8/15	2025/8/16	2025/8/17	2025/8/18	2025/8/19	2025/8/20	2025/8/21			
曜日	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday			
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style			
b	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad			
r e	scrambled eggs	omelette	Thickly grilled egg	scrambled eggs	Egg Soboro	scrambled eggs	omelette			
a k	Ratatouille	seasoned root vegetables and tuna	Bok choy and fried tofu simmered in soy sauce	Spinach and shimeji mushrooms with sleet	Steamed cabbage & carrot dressed with mustard sauce	Ratatouille	seasoned root vegetables and tuna			
a	Shumai	Teriyaki Meatballs	Pork sausages	Chicken Nuggets	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs			
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar			
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
	A Ham cutlet and fried sardines with plum and shiso leaves	<u>A</u> Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel	A Teriyaki Chicken	A Chicken cutlet with grated daikon radish and ponzu sauce	A Korean fried chicken Gochujang flavor	A Fried fish with spicy sauce	A Hamburg steak with summer vegetables and tomato sauce			
l u n	B Grilled chicken thighs with miso paste	B Pork Shabu–Shabu with Savory Soy–Based Sauce	B Chinese bowl	Stir-fried pork with green onions and salt	Tofu hamburger with mushroom sauce	Sauteed Chicken with Onion Sauce	B Deep-fried cheese and shiso leaves & vegetable croquette			
c h	C Beef & vegetables curry sauce with rice	C Omelet rice with mushroom demi-glace sauce	C Hashed beef on the rice	Chilled curry udon	C Pork curry with rice	C Omelet curry	C Chilled grated meat bukkake udon			
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
p 💸	<u>A</u> Pork with ginger	A Chicken cheese cutlet	<u>A</u> Hamburger with BBQ sauce	A Fried white fish with tartar sauce	A Sauteed Chicken with Lemon Butter Sauce	A Stir-fried chicken and vegetables with oyster sauce	A Chicken Nanban			
n n e	Vegetable Kakiage Rice Bowl	Grilled vegetable curry	B Curry with fried chicken	B Chicken Stamina Rice Bowl	B Vegetable-packed sara udon	Simmered pork cutlet, onion & beaten egg on the rice	B Beef curry			
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			

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Ħ	2025/8/22	2025/8/23	2025/8/24	2025/8/25	2025/8/26	2025/8/27	2025/8/28			
曜日	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday			
À										
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style			
b	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad			
r e	Thickly grilled egg	scrambled eggs	Egg Soboro	scrambled eggs	omelette	Thickly grilled egg	scrambled eggs			
a k	Bok choy and fried tofu simmered in soy sauce	Spinach and shimeji mushrooms with sleet	Steamed cabbage & carrot dressed with mustard sauce	Ratatouille	seasoned root vegetables and tuna	Bok choy and fried tofu simmered in soy sauce	Spinach and shimeji mushrooms with sleet			
đ	Pork sausages	Chicken Nuggets	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Chicken Nuggets			
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar			
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
	<u>A</u> Ham cutlet and fried sardines with plum and shiso leaves	A Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel	A Teriyaki Chicken	A Chicken cutlet with grated daikon radish and ponzu sauce	Korean fried chicken Gochujang flavor	Fried fish with spicy sauce	A Hamburg steak with summer vegetables and tomato sauce			
l u n	B Grilled chicken thighs with miso paste	B Pork Shabu-Shabu with Savory Soy-Based Sauce	B Chinese bowl	Stir-fried pork with green onions and salt	Tofu hamburger with mushroom sauce	Sauteed Chicken with Onion Sauce	B Deep-fried cheese and shiso leaves & vegetable croquette			
c h	C Beef & vegetables curry sauce with rice	C Omelet rice with mushroom demi-glace sauce	C Hashed beef on the rice	Chilled curry udon	C Pork curry with rice	C Omelet curry	C Chilled grated meat bukkake udon			
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
* b	<u>A</u> Pork with ginger	A Chicken cheese cutlet	A Hamburger with BBQ sauce	A Fried white fish with tartar sauce	A Sauteed Chicken with Lemon Butter Sauce	A Stir-fried chicken and vegetables with oyster sauce	A Chicken Nanban			
n n e	Vegetable Kakiage Rice Bowl	= Grilled vegetable curry	B Curry with fried chicken	B Chicken Stamina Rice Bowl	B Vegetable-packed sara udon	Simmered pork cutlet, onion & beaten egg on the rice	B Beef curry			
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			

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日	2025/8/29	2025/8/30	2025/8/31	2025/9/1	2025/9/1 2025/9/2	2025/9/1 2025/9/2 2025/9/3
曜日	Friday	Saturday	Sunday	Monday	Monday Tuesday	Monday Tuesday Wednesday
Â,						
	Buffet style	Buffet style	Buffet style			
b	Spaghetti salad	Pumpkin Salad	Spaghetti salad			
r e	Egg Soboro	scrambled eggs	omelette			
a k	Steamed cabbage & carrot dressed with mustard sauce	Ratatouille	seasoned root vegetables and tuna			
f a	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs			
s	Soup/drink bar	Soup/drink bar	Soup/drink bar			
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
	Γ.	1.				
	Ham cutlet and fried sardines with plum and shiso leaves	A Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel	<u>A</u> Teriyaki Chicken		comir	coming soon
l u n	B Grilled chicken thighs with miso paste	Pork Shabu-Shabu with Savory Soy-Based Sauce	B Chinese bowl			
c h	C Beef & vegetables curry sauce with rice	C Omelet rice with mushroom demi–glace sauce	C Hashed beef on the rice			
	ABC common menu	ABC common menu	ABC common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			
	<u>A</u>	Δ	Δ			
) o .	Pork with ginger	Chicken cheese cutlet	Hamburger with BBQ sauce			
n n e	B Vegetable Kakiage Rice Bowl	B Grilled vegetable curry	B Curry with fried chicken			
r	AB common menu		AB common menu			
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			

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